



Mamta Samajik Sanstha

53-C, Rajpur Road, Dehradun
(Phone – 0135-2653671, 2655082)

Health Education Project
Block – Ghat, Chamoli



Supported by : TPAK/JICA JAPAN & WFP

Evaluation of the HEP with Teachers/ PTA Members

Date of Evaluation: 20th May-31st May 2007

Place : 40 Villages / Schools

Total Respondent – 82

1- According to you, how frequent our sector coordinator conducted program at your School?

- | | | | |
|-------------------------|---|----|-------|
| (a) Once in two week | - | 62 | (76%) |
| (b) Once a month | - | 15 | (18%) |
| (c) Once in 2-3 months | - | 05 | (6%) |
| (d) Once after 3 months | - | 00 | (0%) |

2- Out of following project related activities, which have been conducted regularly at your School?

- | | | | | | |
|---|---|-----|-----------|----|---------|
| (1) Health talks every Fortnightly | - | Yes | 75 (91%) | No | 07 (9%) |
| (2) Health Exhibition & Quiz once in 3 months | - | Yes | 82(100%) | No | 00 (0%) |
| (3) Health check up camp once in 6 months | - | Yes | 82(100%) | No | 00 (0%) |
| (4) Clean School drive once in 3 months | - | Yes | 82(100%) | No | 00 (0%) |
| (5) PTA meeting once in 3 months | - | Yes | 82 (100%) | No | 00 (0%) |

3- According to you how many children have understood importance of personal hygiene?

- | | | | |
|----------------------------------|---|----|-------|
| (a) Less than 25% | - | 00 | (0%) |
| (b) Above 25%, but less than 50% | - | 07 | (9%) |
| (c) Above 50%, but less than 80% | - | 16 | (20%) |
| (d) Above 80% | - | 59 | (71%) |

4- How many children have adopted habits of personal hygiene in their behavior?

- | | | | |
|----------------------------------|---|----|-------|
| (a) Less than 25% | - | 00 | (0%) |
| (b) Above 25%, but less than 50% | - | 05 | (7%) |
| (c) Above 50%, but less than 80% | - | 42 | (51%) |
| (d) Above 80% | - | 35 | (42%) |

5- Do children keep school campus, class room & water source clean?

- | | | |
|--------------------|----|--------|
| (a) Yes | 82 | (100%) |
| (b) No | 00 | (0%) |
| (c) To some Extend | 00 | (0%) |

6- Do you have garbage pit or Dustbin in your School?

- | | | |
|---------|----|--------|
| (a) Yes | 82 | (100%) |
| (b) No | 00 | (0%) |

7- Do you think that incidence of sickness decreased due to increased hygiene status?

- | | | |
|--------------------|----|-------|
| (a) Yes | 42 | (51%) |
| (b) No | 00 | (0%) |
| (c) To some extend | 15 | (18%) |
| (d) Don't know | 25 | (31%) |

8- Do you have PTA in Your School?

- | | | |
|---------|----|--------|
| (a) Yes | 82 | (100%) |
| (b) No | 00 | (0%) |

9- If yes, have they got frequent orientation on health & hygiene?

- | | | |
|--------------------|----|-------|
| (a) Yes | 73 | (89%) |
| (b) No | 00 | (0%) |
| (c) To some extend | 09 | (11%) |
| (d) Don't know | 00 | (0%) |

10- How frequent PTA meeting held?

- | | | | |
|------------------------|---|----|-------|
| (a) Once a month | - | 56 | (68%) |
| (b) Once in two months | - | 18 | (22%) |
| (c) Once in 3 months | - | 08 | (10%) |
| (d) Don't know | - | 00 | (0%) |

11- Average how many PTA members participate at the meeting?

- | | | | |
|----------------------------------|---|----|-------|
| (a) Less than 25% | - | 02 | (2%) |
| (b) Above 25%, but less than 50% | - | 19 | (23%) |
| (c) Above 50%, but less than 80% | - | 42 | (51%) |
| (d) Above 80% | - | 19 | (24%) |

12- Do you think teachers & PTA members will continue Project activities once project is over?

- | | | |
|--------------------|----|-------|
| (a) Yes | 72 | (89%) |
| (b) No | 00 | (0%) |
| (c) To some Extend | 10 | (11%) |
| (d) Don't know | 00 | (0%) |

13- Has any teacher from your school, participated in any training conducted by Mamta?

- | | | |
|---------|----|-------|
| (9) Yes | 68 | (83%) |
| (b) No | 14 | (17%) |

14- How much successful do you rate HEP Project?

- | | | | |
|----------------------------------|---|----|-------|
| (a) Less than 25% | - | 01 | (1%) |
| (b) Above 25%, but less than 50% | - | 08 | (10%) |
| (c) Above 50%, but less than 80% | - | 15 | (18%) |
| (d) Above 80% | - | 58 | (71%) |

15- What ever you have learnt through this project, how you will take it further at your level?

1. We will Discuss on topics of Health & Hygiene in schools and villages
2. We will continue talk with children and observe their personal hygiene in our schools
3. We will use I E C material provided by Mamta for future programmes
4. We will keep PTA alive and have interaction with parents during PTA meetings
5. We will cover health & hygiene topics everyday at the time of morning prayer
6. We will continue school clean drive and village clean drive once a month
7. We will observe personal hygiene of children once a week and appoint school health monitor to observe it regularly
8. We will ensure that children use Dustbin in their class room and garbage pit in the campus to throw any garbage
9. We will have health check up camp and provide De – worming tablets to our children once in six months through our local A.N.M. or health centre.

16- What do you expect from Mamta & TPAK for future interventions?

1. We wish that your organization should extend the project for another two year
2. Provide First Aid Box in each school with I E C material
3. You should guide us for developing Kitchen garden at our school campus
4. You should also take some activities for women and adolescent girls for income generation
5. You should frequently provide us information about health and other developmental schemes through your village volunteers and health information centres
6. You should also conduct trainings for your village volunteers and health information centres volunteers atleast once in 3 months



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Evaluation of HEP Activities with School Children

Date of Evaluation: 20th May-31st May 2007

Place : 40 Schools

Total Respondent – 40

1- Which of the following programs have been conducted at your School?

(1) Health talks every Fortnightly	-	Yes	40 (100%)	No 0 (0%)
(2) Health Exhibition/Competition once in 3 months-		Yes	40 (100%)	No 0 (0%)
(3) Health check up camp once in 6 months	-	Yes	40 (100%)	No 0 (0%)
(4) Clean School drive once in 3 months	-	Yes	40 (100%)	No 0 (0%)
(5) PTA meeting once in 3 months	-	Yes	40 (100%)	No 0 (0%)

2- Do you have health monitor at your School?

(a) Yes	40	(100%)	(b) No	0	(0%)
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3- If yes then,

- (a) Name : 40 Names of monitors available with Mamta
(b) Class : Mostly they are from class 4th & 5th

4- What do you do for your personal hygiene?

- (1) Brush the teeth every morning
- (2) Take bath as frequently as possible from daily to twice, once a week
- (3) To cut the nails once a week
- (4) Wash hands with soap before and after every meal and after using toilet
- (5) Wear clean clothes every day

5- How do you wash hands before eating & using toilets?

(a) Only Water	00	(0%)
(b) Use of Mud	00	(0%)
(c) Use of Ash	02	(5%)
(d) Use of Soap	38	(95%)

6- Where do you go for toilet?

- | | | |
|-----------------------------------|----|-------|
| (a) Open place in forest or field | 25 | (63%) |
| (b) Toilet | 15 | (37%) |

7- If open place, what do you do with stool?

- | | | |
|-----------------------|----|-------|
| (a) Leave it open | 05 | (20%) |
| (b) Cover it with mud | 20 | (80%) |

8- Do you brush your teeth?

- | | | | | | |
|---------|----|--------|--------|----|------|
| (a) Yes | 40 | (100%) | (b) No | 00 | (0%) |
|---------|----|--------|--------|----|------|

9- If yes, then how?

- | | | |
|--------------------------------|----|-------|
| (a) Neem Stick or walnut stick | 00 | (0%) |
| (b) Tooth powder with finger | 02 | (5%) |
| (c) Tooth paste & Brush | 38 | (95%) |
| (d) Other | 00 | (0%) |

10- How frequent do you take bath?

- | | | |
|-----------------------|----|-------|
| (a) Once in two weeks | 01 | (02%) |
| (b) Once a week | 07 | (18%) |
| (c) Twice a week | 12 | (30%) |
| (d) Daily | 20 | (50%) |

11- What do you use for bath?

- | | | |
|----------------|----|--------|
| (a) Only Water | 00 | (0%) |
| (b) Soap | 40 | (100%) |
| (c) other | 00 | (0%) |

12- What kind of diseases occurs due to poor sanitation & unclean water?

- | | | |
|--------------|------|------------------|
| (1) Cholera | (7) | fever |
| (2) Diarrhea | (8) | TB |
| (3) Jaundice | (9) | Cold |
| (4) Typhoid | (10) | Skin diseases |
| (5) Vomiting | (11) | Worms in stomach |
| (6) Malaria | | |

13- Where should we dispose our garbage & how?

- (1) We should dispose the garbage at designated place (Garbage pits)
- (2) Keep organic waste material separately and use it in the field
- (3) Keep plastics material separately and don't put it on fire
- (4) We should keep dustbin at our home for garbage and later on dispose it at designated place



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Evaluation of HEP with Parents/ Community Representatives

Date of Evaluation: 20th May-31st May 2007

Place: 40 Villages

Total Respondent – 82

1- According to you what kind of activities, Mamta has conducted at your village?

(1) Health talks every Fortnightly	-	Yes	82 (100%)	No	00 (0%)
(2) Health Exhibition/Competition once in 3 months-		Yes	81 (99%)	No	01 (1%)
(3) Health check up camp once in 6 months	-	Yes	82 (100%)	No	00 (0%)
(4) Clean Village drive once in 3 months	-	Yes	82 (100%)	No	00 (0%)
(5) Meeting on health & hygiene once a month	-	Yes	81 (99%)	No	01 (1%)
(6) Program with women & girls once a month	-	Yes	82 (100%)	No	00 (0%)

2- What is your opinion about personal hygiene?

- (1) Taking bath everyday
- (2) Brushing teeth daily
- (3) Wear clean cloths everyday
- (4) Use Toilet
- (5) Wash inner parts of the Body at the time of taking bath
- (6) Wash hands with soap before & after eating and after toilet.

3- What kind of diseases spread due to unclean water & poor sanitation?

- | | |
|--------------|----------------------|
| (1) Diarrhea | (6) fever |
| (2) Jaundice | (7) Typhoid |
| (3) Cholera | (8) Skin diseases |
| (4) Vomiting | (9) Worms in stomach |
| (5) Malaria | (10) Asthma |

4- What do you do to keep drinking water clean?

- | | |
|--|--------------------------------|
| (1) Boil water before use | (5) Use glass with long handle |
| (2) Filter the water | (6) Use Chlorine Tablets |
| (3) Cover the water | (7) Keep water sources clean |
| (4) Keep it at distance from children on some height | |

5- What do you do to keep your house and village clean & unpolluted?

1. We clean our house everyday
2. We use dustbin at our house
3. We throw the garbage at designated place and put it on fire
4. We keep organic and non -organic waste separately and dispose it separately
5. We keep our water container and water sources clean
6. We use toilet and if we don't have toilet then we go in the field but we cover the stool

6- Do you have information about Mamta's Health information centre at your village?

Yes	72	(88 %)
No	10	(12%)

7- If yes, do you know the name of the volunteer?

Yes	72	(88 %)
No	10	(12 %)

8- Have you ever seen the health information centre and availed the services?

Yes	50	(61%)
No	32	(39%)

9- What kind of changes in knowledge & behavior of people you have noticed after HEP Programmes?

1. People understood the importance of health and hygiene
2. Children look more clean and informed in comparison to previous years
3. Most of the families are using dustbins at their house and there are common garbage pits in villages
4. families keep their drinking water clean by covering it up
5. Children cut their Nails once a week
6. Children take bath very frequently
7. We take clean village and school drive every month
8. Many families constructed toilets and if they still go out in the field they cover the stool with mud
9. Many families started using the Iodine salt in their food
10. Children don't throw garbage in open places. Now they throw it at the designated places.
11. People keep water sources clean
12. We have noticed that incidence of diseases decreased due to changed habits of health and hygiene.

10- Do you observe personal hygiene of your children & family?

Yes	82	(100 %)
No	00	(00%)

11- If yes, what kind of things you do?

1. We watch that they should take bath as frequent as possible
2. They should brush their teeth daily
3. They should not take drinking water with dirty hands and unclean glass
4. They should not throw garbage here and there. They should throw it at dustbin
5. We encourage them to wash hands with soap before and after meals and after using toilet

12- How you will take ahead the activities which you have learnt through HEP?

1. We will use the I E C material provided by Mamta Sanstha for future health & hygiene programs
2. We will take out clean village drive and clean school drive regularly at our village and school.
3. We will take the services of health information centre and local A. N. M. for conducting health checkup camps
4. We will keep our water sources and roads clean
5. PTA will be in touch with local school and ensure better health & hygiene practices in the school
6. We will take technical support from Mamta for our future activities related to health and hygiene

13- What do you expect from Mamta & TPAK for future interventions?

1. Mamta should support local school and health information centre in term of I E C material, First Aid Box, Common medicines etc.
2. Mamta should conduct trainings on health and other developmental issues for the volunteers selected during health education project
3. Mamta should be in touch with all health information centers and schools and provide them necessary support from time to time
4. Mamta should be in touch with concerned district and block officials and seek their needed support for project villages