

Mamta Samajik Sanstha, Dehradun

TPAK-AJINOMOTO PROJECT

GIST OF ACTIVITIES

DATE	PROGRAM	VILLAGE	TOTAL NO. OF PARTICIPANTS	MORE THAN 10	LESS THAN 10
10/6/13	WORKSHOP ON HEALTH AND NUTRITION	MAJRI	28	0	0
12/6/13	HEALTH AND NUTRITION CAMP	SABHAWALA	55	18	37
14/6/13	WORKSHOP ON HEALTH AND NUTRITION	BADRIPUR	27	0	0
17/6/13	HEALTH AND NUTRITION CAMP	SHEKHOWALA	32	5	27
19/6/13	WORKSHOP ON HEALTH AND NUTRITION	MEDENIPUR	26	0	0
21/6/13	HEALTH AND NUTRITION CAMP	MAJRI	42	13	29
24/6/13	WORKSHOP ON HEALTH AND NUTRITION	SABHAWALA	26	0	0
25/6/13	WORKSHOP ON HEALTH AND NUTRITION	SHEKHOWALA	28	0	0
26/6/13	HEALTH AND NUTRITION CAMP	MEDENIPUR	51	3	48
28/6/13	HEALTH AND NUTRITION CAMP	BADRIPUR	30	8	22
		TOTAL	345	47(23%)	163(77%)

DATE	PROGRAM	VILLAGE /PLACE	PARTICIPANTS
1/8/2013	Poster and slogan competition	Badripur govt. school	girls-30, Resource person-6, school staff-6
2/8/2013	workshop on Health and nutrition	Majri	girls-25, Resource person-3, healthy diet promoter-2
3/8/2013	workshop on Health and nutrition	Shekhowala	girls-27, Resource person-4, healthy diet promoter-1
5/8/2013	workshop on Health and nutrition	Sabhawala	girls-25, Resource person-3, healthy diet promoter-2
6/8/2013	workshop on Health and nutrition	Mednipur	girls-26, Resource person-4, healthy diet promoter-2
7/8/2013	workshop on Health and nutrition	Badripur	girls-25, Resource person-3, healthy diet promoter-2
12 to 14 th aug 2013	Training of healthy diet promoters	GRC-hall, kehri gaon, premnagar	Healthy diet promoter-20, Resources persons-6
1/9/ 2013	Awareness workshop and Rally organized on national nutrition day	govt. hospital, vikasnagar	Healthy diet promoter-20, Resources person-4
11/9/13	workshop on health and nutrition with Cooking demonstration	Mednipur	Girls-42, resource person-8, guest person-7 from Japan
12/9/13	Poster and slogan competition	Badripur	Girls-35, resource person-8, healthy diet promoter-4, guest person-7

DATE	PROGRAM	VILLAGE	TOTAL NO. OF PARTICIPANTS	MORE THAN 10	LESS THAN 10
10/9/13	Health and Nutrition camp	Majri	32	11	21
12/9/13	Health and Nutrition camp	Badripur	38	6	32
13/9/13	Health and Nutrition camp	Mednipur	29	10	19
17/9/13	Health and Nutrition camp	Sabhawala	26	12	14
18/9/13	Health and Nutrition camp	Shekhowala	31	3	28
		Total	156	42(27%)	114(73%)

WORKSHOP ON HEALTH AND NUTRITION**VILLAGE: MAJRI****DATE: 10-6-2013**

S.NO	ADOLESCENT GIRLS NAME	AGE
1	Rehnuma	10
2	Sayeema	11
3	Bushra	13
4	Nazmeen	14
5	Samiya	10
6	Samreen	12
7	Shama	15
8	Arifa	14
9	Sahiba	15
10	Nargis	14
11	Tasmeen	18
12	Sahista	18
13	Safiya	14
14	Ayisa	15
15	Sabiya	14
16	Muskaan	14
17	Ayisa	13
18	Muddsira	15
19	Bushra	11
20	Sabiha	11
21	Sahin	12
22	Muskaan	9
23	Aarifa	11
24	Sumiya	9
25	Aasma	13
26	Bushra	9
27	Samsana	16
28	Anamika	15

HEALTH AND NUTRITION CAMP

Village:- Sabhawala

Date:-12th June 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WEIGHT (kg)	LENGTH (foot)
1	Babli	Rajpal	18	10	48	5.2
2	Savita	Tilakram	17	9.6	43	5.2
3	Sanjo	Pitambar	16	10.4	51	5.1
4	Monika	Vijay	19	10.5	44	5.3
5	Radha	Shyam singh	16	10.3	45	5.2
6	Meena	Shamsher	19	8.5	43	5.0
7	Mamta	Tilakram	19	10.3	41	4.7
8	Rani	Shyam singh	14	10.6	35.5	5.0
9	Sonia	Vijay pal	19	10.7	48.5	4.7
10	Kiran	Munna singh	14	10.6	39	4.9
11	Neeta	Hari singh	16	10.8	48.5	5.2
12	Pooja	Shyam singh	13	10.6	33	4.7
13	Shalu	Raghu veer	12	10.4	34.8	4.6
14	Choti	Jagat singh	11	9.5	26	4.3
15	Pooja	Jagat singh	13	10.7	28	4.2
16	Neha	Gulab singh	13	9.7	31	4.5
17	Rajni	Vijay pal singh	11	9.5	26	4.5
18	Anno	Pal singh	11	8.2	26.2	4.7
19	Anno	Sompal	10	10.6	27.9	4.6
20	Nikita	Shambhu lal	11	10.4	23	4.4
21	Preeti	Rajpal	11	8.2	27	4.4
22	Kavita	Rakesh	11	9.5	20	4.4
23	Parvati	Palli	13	9.6	40	5.1
24	Santosh	shyam	10	9.2	19	4.0
25	Radha	Ram Chandra	11	9.3	23	4.2
26	Shiwani	Ram kumar	11	8.6	27	4.1
27	Kiran	Kedar singh	10	9.2	23	4.3
28	Sanjana	Vijender singh	11	8.6	27	4.6
29	Asha	Rajesh	11	9.8	27	4.7
30	Priyanka	Kirath singh	10	8.6	19	4.0
31	Guddi	Rajpal	13	9.4	31	4.3
32	Anjum	Elyaas	13	9.5	28	4.3
33	Najish	Faruq Ali	11	8.4	28	4.1
34	Aashifa	Galib hussain	13	9.6	29	4.6
35	Majabi	Galib hussain	14	9.0	30	4.7
36	Farheen	Asraf	12	8.4	27	4.6
37	Rubina	Shidhu	16	9.6	35	5.1

38	Shehra	Shidhu	11	10.0	31	4.8
39	Musafiya	Rizwan	10	9.7	29	5.0
40	Samina	Zoharali	16	8.4	46	5.2
41	Shahista	Riyasat	18	9.5	50	4.7
42	Imrana	Riyasat	19	9.6	51	4.7
43	Azra	Sukerdeen	19	9.8	49	5.3
44	Raziya	Shamsaad	19	9.1	50	5.2
45	Gulsana	Riyasat ali	19	9.4	49	5.2
46	Rajida	Imran	19	10	50	4.8
47	Dilshana	Furkaan	19	8.7	52	5.3
48	Sabnam	Umardeen	18	8.4	46	5.2
49	Sahima	Mahmood hasan	13	9.6	31	4.6
50	Salma	Sukerdeen	19	9.7	39	4.8
51	Heena	Sharafat	18	10.1	46	4.6
52	Asha kashyap	Tara chand	17	10.4	43	5.1
53	Nazreen	Riyasat	15	9.6	42	5.3
54	Aafreen	Riyasat	16	9.1	42	4.9
55	Shayra	Riyasat	15	9.4	39	4.4

WORKSHOP ON HEALTH AND NUTRITION**VILLAGE: BADRIPUR****DATE: 14-6-2013**

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Reeta	17
2	Geeta	15
3	Pinki	13
4	Priyanka	16
5	Soniya	13
6	Poonam	11
7	Shalu	13
8	Madhu	12
9	Sonia	13
10	Sacheta	16
11	Manisha	14
12	Sangeeta	11
13	Sapna	15
14	Deepa	15
15	Monika	14
16	Shalu	15
17	Preeti	12
18	Pinki	18
19	Asha	19
20	Poonam	15
21	Shivani	12
22	Shivani	13
23	Sumna	19
24	Neelam	19
25	Kela	18
26	Laxmi	19
27	Chanchal	16

HEALTH AND NUTRITION CAMP

Village:- Shekhowala

Date:-17th June 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WEIGHT (kg)	LENGTH (foot)
1	Mashrufa	Mohd. Gaffar	18	9.6	39	5.1
2	Salmana	Ayub	13	8.4	39	5.3
3	Shama	Haroon	18	9.5	40	4.5
4	Aisha	Kaloo	13	9.3	28	4.6
5	Shabbo	Ekhbaal	14	9.0	26.4	5.1
6	Shazia	Zameer	11	9.0	26	4.7
7	Sania	Muneel	09	9.5	23	3.8
8	Shabia	Gaffar	12	8.4	24	3.1
9	Shabia zahan	Furkaan	13	8.5	25	4.5
10	Sabena	Aabbas	18	9.6	39	5.4
11	Muzreena	Zakhir	18	8.9	37	5.2
12	Shahiba	Aabbas	13	9.7	30	4.1
13	Shabia	Zameel	10	10	27	3.2
14	Sofia	Wazid	10	9.2	26	4.7
15	Tabbasum	Naseem	10	8.4	31	4.0
16	Saliya	Taseen	11	9.1	29	4.1
17	Anjum	Ayub	11	8.0	30	4.5
18	Najis	Shelam	10	9.7	30	3.7
19	Fiza	Haroon	9	10	29	3.5
20	Anisha	Naseem	9	9.1	29.8	3.4
21	Sabeena	Zameel	10	8.4	30	4.1
22	Mehrab	Shahid Hasan	19	10.1	49.8	4.2
23	Salma	Kaloo	18	9.4	52.3	5.2
24	Sehbana	Gaffur hasan	17	8.5	48	5.6
25	Anila	Aliyash	16	8.2	47	5.3
26	Bhuri	Zameel hasan	17	7.5	40	5.0
27	Usmana	Kaloo	19	10.6	46	5.4
28	Sehzana	Zameel hasan	16	8.6	44	4.6
29	Rubina	Zameel hasan	16	8.5	45	4.6
30	Shabnam	Gaffur	18	8.5	47	4.5
31	Shiba	Maskoor	18	9.5	50	4.7
32	Bharti	Madhusudhan	19	10.5	44	5.1

WORKSHOP ON HEALTH AND NUTRITION**VILLAGE: MEDNIPUR****DATE: 19-6-2013**

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Sonia	15
2	Rakhi	16
3	Roma	16
4	Neha	13
5	Priya	15
6	Shalu	14
7	Sanjana	12
8	Priya	15
9	Priyanka	13
10	Pinki	16
11	Shital	13
12	Aarti	12
13	Yogita	14
14	Kiran	15
15	Diksha	17
16	Kanchan	18
17	Ravina	17
18	Kashmiri	17
19	Manisha	15
20	Tasmeem	18
21	Ramshana	17
22	Israt	19
23	Tarannum	18
24	Hushanjahan	19
25	Rahana	17
26	Aasiya	18

HEALTH AND NUTRITION CAMP

Village:- Majri

Date:-21st June 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WEIGHT (kg)	LENGTH (foot)
1	Sarita	Papu	14	9.0	39	4.6
2	Varisha	Shabbeer	15	8.7	28	4.1
3	Mamta	Prtap singh	14	9.6	26	4.2
4	Kazal	Sohan lal	13	9.8	25	4.6
5	Sehnaz	Muzudin	14	9.4	30	4.7
6	Sehnaz	Mehndi hasan	15	9.5	29	4.2
7	Rabiya	Hasan din	14	10	28	4.1
8	Geeta	Rishipal	13	10.4	27	4.0
9	Sheetal	Giriver singh	14	9.6	28	4.2
10	Urmila	Kamal singh	13	10.6	26	4.1
11	Laxmi	Hukan singh	12	9.8	27	4.7
12	Nikita	Roshan lal	15	9.7	29	5.0
13	Shaheena	Liyakat	13	9.8	28	4.8
14	Rekha	Hari singh	14	10	29	4.7
15	Dilshana	Gul sher	13	8.6	39	4.6
16	Sahnoor	Shamsaad	10	8.7	26	4.8
17	Heena	Vazeer	10	10.6	25	4.9
18	Muskaan	Mohd. Hasan	11	10.4	26	4.2
19	Anarkali	Mahinder singh	13	9.8	27	4.1
20	Priyanka	Somlal	14	9.1	29	4.6
21	Parvati	Hukam singh	15	9.6	30	4.7
22	Saheena	Shabeer	14	8.2	26	4.8
23	Usha	Hukam singh	18	10.6	32	5.0
24	Sangeeta	Satpal	12	10.7	28	4.6
25	Esrana	Karamat ali	16	10.7	32	5.1
26	Shabnam	Riyasat	14	9.5	33	4.7
27	Aasmeen	Abloo	16	8.6	36	4.9
28	Jumsheda	Alyas	16	10.7	38	4.2
29	Wahida	Zuhur hasan	16	10.5	45	5.3
30	Esrat	Shamsaad	11	9.5	32	4.6
31	Anjum	Gulsher	14	9.8	29	4.2
32	Anita	Chaman singh	18	9.6	39	4.8
33	Shaista	Wazeer	17	10.5	37	4.6
34	Aasmeen	Eshuf	10	9.6	29	4.1
35	Afsana	Wazeer	10	9	27	4.2
36	Toyiba	Noor hasan	16	9.6	34	4.6
37	Naziya	Gulsher	14	8.5	37	4.2
38	Dilsana	Gulsher	13	8.6	31	4.8

39	Sehnoor	Shamsher	10	8.7	18	4.1
40	Heena	Vazeer	14	8.6	21	4.3
41	Muskaan	Mohd. Hasan	11	10.4	24	4.2
42	Anamika	Ramesh	15	9.6	32	4.6

WORKSHOP ON HEALTH AND NUTRITION

VILLAGE: SABHAWALA

DATE: 24-6-2013

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Babli	17
2	Savita	17
3	Sanjo	16
4	Monika	19
5	Radha	16
6	Meena	19
7	Mamta	19
8	Sonia	16
9	Nita	15
10	Guddi	14
11	Kiran	14
12	Pooja	13
13	Shalu	12
14	Rani	13
15	Sanjana	11
16	Shiwani	10
17	Choti	13
18	Neha	13
19	Rajni	11
20	Anno	10
21	Nikita	11
22	Preeti	11
23	Kavita	11
24	Priyanka	10
25	Kiran	10
26	Asha	11

WORKSHOP ON HEALTH AND NUTRITION**VILLAGE: SHEKHOWALA****DATE: 25-6-2013**

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Sameena	14
2	Sultana parveen	18
3	Gulshana Khatun	19
4	Fareen Khatun	12
5	Nazis Khatun	14
6	Anjum Khatun	13
7	Mehjabi	14
8	Nazreen	15
9	Saima	13
10	Aasifa	13
11	Aafreen	16
12	Sayra	15
13	Shahista parveen	18
14	Shabnam	18
15	DilShana	13
16	Muskaan	11
17	Sahnoor	10
18	Heena	10
19	Israna	16
20	Shabnam	14
21	Aasmeen	16
22	Wahida	16
23	Israt	11
24	Anjum	14
25	Anita	18
26	Shaista	17
27	Aasmeen	10
28	Toyiba	16

HEALTH AND NUTRITION CAMP

Village:-MEDNIPUR

Date:-26th June 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WEIGHT (kg)	LENGTH (foot)
1	Ravina	Ram singh	17	8.9	40	4.6
2	Kashmiri chauhan	Madan singh	17	9.2	40	4.7
3	Kalpna chauhan	Chaman singh	17	9.3	41	4.9
4	Priya	Surendra singh	15	8.7	39	5.0
5	Manisha	Seeta ram	15	8.2	35	4.3
6	Yogeeta	Surendra singh	19	10.4	37	4.4
7	Kiran	Moha singh	15	9.2	40	4.6
8	Diksha	Jaypal singh	17	8.4	42	4.9
9	Sanjana	Surendra	12	8.5	40	4.2
10	Pinki	Chaman singh	16	8.2	35	5.1
11	Aarti	Radhe	11	8.6	25	4.1
12	Shital	Baburam	11	8.7	28	5.2
13	Neha	Ramesh	16	8.4	37	5.1
14	Kanchan	Ramesh	18	8.9	39	4.9
15	Priyanka	Camam chand	13	8.6	37	4.4
16	Greshi	Hamol chand	12	8.7	22	4.3
17	Rakhi	Soman	16	8.9	51	4.6
18	Ruma	Fool chand	16	8.2	43	4.8
19	Sonia	Ramchand	15	9.5	41	4.1
20	Priya	Pali	15	9.2	42	4.9
21	Neha	Pali	13	10.6	39	4.1
22	Tasneem	Rehmat ali	18	8.7	46	5.0
23	Ramshana	Shakur	17	8.3	37	5.2
24	Ishrat	Sawkat ali	19	8.6	45	5.6
25	Tarannum	Aalim	18	9.0	41	5.2
26	Husanjahan	Gulshan	19	9.5	52	5.3
27	Shahana	Yameen	17	8.0	35	5.1
28	Ashiya	Haneef	18	8.6	42	5.2
29	Kishwar jahan	Gulfaan	16	8.9	45	4.2
30	Monisha	Shawkat	14	8.2	28	4.3
31	Shabana	Meherdeen	13	8.6	34	4.1
32	Shiba	Furkaan	12	8.7	28	4.2
33	Muntasher	Shameem	17	8.2	40	4.5
34	Shama	Gaffar	12	10.6	25	4.1
35	Sabiha	Furkaan	11	8.7	25	4.0
36	Aafreen	Ikbaal	10	9.2	25	4.1
37	Shama	Wajid	12	8.8	25	4.3
38	Gulistan	Sherdin	15	8.7	30	4.6
39	Aasma	Sharif	15	9.2	35	4.3
40	Ayesha	Sharif	11	8.6	23	4.0
41	Shayna	Ibbrahim	11	9.2	27	4.1
42	Shiba	Farjand	11	8.4	25	4.2

43	Nazmeen	Fayyaz	9	9.2	20	4.0
44	Muskan	Masuk	18	8.4	42	4.6
45	Nazma	Masuk	12	9.3	32	4.2
46	Bushra	Masuk	9	8.7	32	4.1
47	Shabana	Farjand	12	8.7	27	4.1
48	Sumya	Gaffur	13	9.3	42	4.2
49	Gulnaaz	Kurbaan	13	8.4	37	4.3
50	Mantasa	Saleem	17	9.0	40	4.4
51	Rehnuma	Shakeel	19	9.2	42	5.1

HEALTH AND NUTRITION CAMP

Village:- BADRIPUR

Date:-28th June 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WHEIGHT (kg)	LENGTH (foot)
1	Rita	Shambhu	17	10.7	45	5.2
2	Gita	Shambhu	15	9.6	40	5.0
3	Pinki	Dhaniram	18	10.8	35	4.6
4	Shalu	Dhanveer	13	9.4	35	4.4
5	Poonam	Fakeerchand	11	10.9	25	4.2
6	Priyanka	Baburam	16	9.7	33	4.9
7	Sonia	Rameshchand	10	9.6	32	4.8
8	Sapna	Hukum singh	15	8.2	35	4.3
9	Savita	Ramesh chand	15	9.5	40	4.2
10	Sonia	Rakesh	13	8.2	39	4.1
11	Manisha	Nathiram	14	8.5	42	4.2
12	Sangeeta	Balveer	11	8.5	25	4.1
13	Madhu	Raghnath	12	8.9	30	4.3
14	Deepa	Bishambar	15	8.7	42	4.2
15	Pinki	Bhadur singh	18	9.2	50	5.1
16	Asha	Jay singh	19	9.6	36	5.3
17	Shalu	Chota ram	15	10.6	40	5.0
18	Monika	Balveer	14	8.2	35	4.4
19	Preeti	Chota ram	12	9.4	30	4.3
20	Poonam	Bijender singh	15	8.3	45	4.2
21	Shivani	Babu ram	12	9.8	30	4.1
22	Shivani	Gopal singh	13	9.2	40	4.2
23	Sumna	Hari singh	19	9.3	40	5.0
24	Neelam	Ramesh chand	19	10.6	45	5.2
25	Kela	Mahendra	18	10.4	42	5.3
26	Diksha	Jaypal	18	9.4	39	5.4
27	Laxmi	Rajendra singh	19	10.6	40	5.1
28	Chanchal	Hushyaar singh	16	9.8	41	4.7
29	Sunita	Panna das	18	9.5	50	4.6
30	Kavita	Suresh chandra	18	10.6	39.6	4.5

POSTER AND SLOGAN COMPITION
VILLAGE: BADRIPUR GOVT. SCHOOL
DATE: 1-8-2013

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Sultana	14
2	Seema	12
3	Gulpsha	12
4	Husanjahan	13
5	Babli	14
6	Prachi	14
7	Saheen	14
8	Heena	14
9	Momeena	14
10	Najma	14
11	Asha	14
12	Prachi	13
13	Komal	14
14	Sapna	14
15	Radha	14
16	Manisha	14
17	Soniya	13
18	Nirmala	13
19	Nikita	13
20	Rohila	14
21	Neha	13
22	Ranbeeda	13
23	Priyanka	13
24	Sarojni	14
25	Firdosh	13
26	Priya	13
27	Seeta	13
28	Deepa	13
29	Ashama	13
30	Sabeera	13

WORKSHOP ON HEALTH AND NUTRITION**VILLAGE: MAJRI****DATE: 2-8-2013**

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Afsana	11
2	Israna	17
3	Sahista	17
4	Anita	16
5	Subhana	12
6	Anjum	14
7	Rajiya	13
8	Gulista	14
9	Afsana	10
10	Aasmeen	16
11	Israt	17
12	Asha	12
13	Shama	18
14	Shabreen	16
15	Geeta	18
16	Shaheema	17
17	Yadma	16
18	Jumsheda	15
19	Rabiya	13
20	Bhuri	12
21	Firoja	11
22	Nafisa	12
23	Wahida	16
24	Najis	14
25	Dilsana	19

WORKSHOP ON HEALTH AND NUTRITION**VILLAGE: SHEKHOWALA****DATE: 3-8-2013**

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Radha	16
2	Kammo Devi	18
3	Mamta	17
4	Laxmi	16
5	Chetan Devi	21
6	Mamta	15
7	Anjana Kumari	14
8	Somti	13
9	Sangeeta	16
10	Minakshi	15
11	Laxmi	17
12	Manisha	18
13	Lilawati	15
14	Urmila	13
15	Kushnasib	13
16	Bala	12
17	Sarita	14
18	Nikita	16
19	Suman	17
20	Poonam	18
21	Varisha	19
22	Muskaan	18
23	Gulistan	19
24	Anjum	20
25	Anita	18
26	Aasmeen	17
27	Toyeeba	16

WORKSHOP ON HEALTH AND NUTRITION**VILLAGE: SABHAWALA****DATE: 5-8-2013**

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Satyawati	17
2	Savitri	18
3	Neelam	18
4	Seeta	17
5	Lalita	17
6	Manisha kumari	15
7	Radha	19
8	Sanjo	16
9	Neha	13
10	Anno	13
11	Meera	14
12	Pooja	14
13	Nikita	11
14	Preeti	11
15	Naina	10
16	Asha	12
17	Premla	19
18	Anita	18
19	Rakhi	19
20	Monika	19
21	Nita	15
22	Sonia	16
23	Shalu	12
24	Rani	13
25	Babli	17

WORKSHOP ON HEALTH AND NUTRITION**VILLAGE: MEDNIPUR****DATE: 6-8-2013**

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Taravati	19
2	Rameshla	18
3	Poonam	19
4	Nirmala	19
5	Sanjo	18
6	Laxmi	19
7	Mamta	18
8	Meena	17
9	Toshi	18
10	Usha	14
11	Mamta	18
12	Poonam	17
13	Balindo	19
14	Shalu	18
15	Kunta	19
16	Kusum	18
17	Anita	18
18	Diksha	17
19	Rakhi	16
20	Neha	13
21	Pinki	16
22	Roma	16
23	Aarti	12
24	Kiran	15
25	Yogita	14
26	Monika	19

WORKSHOP ON HEALTH AND NUTRITION**VILLAGE: BADRIPUR****DATE: 7-8-2013**

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Sumitra	18
2	Pinky	14
3	Nirmala	17
4	Kamla	19
5	Kammo Devi	19
6	Bati Devi	18
7	Shalu	13
8	Sonia	13
9	Geeta	16
10	Rita	19
11	Neelam	18
12	Poonam	11
13	Manisha	16
14	Neha	19
15	Ankita	12
16	Shivani	13
17	Komal	9
18	Reshma	9
19	Reena	19
20	Shivani	19
21	Kela	17
22	Savita	18
23	Mamta	15
24	Lata	19
25	Kavita	16

WORKSHOP ON HEALTH AND NUTRITION
COOKING DEMONSTRATION
VILLAGE: MEDNIPUR
DATE: 11-9-2013

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Monika	18
2	Priya	15
3	Shital	13
4	Neetu tomar	14
5	Sandhiya chauhan	10
6	Anchal tomar	10
7	Nikita Rana	10
8	Shital	16
9	Shakshi	10
10	Manisha	17
11	Rajni	18
12	Kajal	18
13	Poonam	16
14	Vandana	10
15	Riya	10
16	Sonia	17
17	Poonam	18
18	Kavita	18
19	Bobi	17
20	Sandhiya negi	18
21	Jyoti	11
22	Kiran	13
23	Sanjana	12
24	Babita	17
25	Ravina	17
26	Yogita	15
27	Nirma	17
28	Kanchan	18
29	Neha	16
30	Komal	10
31	Devika	12
32	Neelam	13
33	Diksha	17
34	Anita	19

35	Meena	18
36	Rani	18
37	Neelam	19
38	Radha kumara	13
39	Sapna	10
40	Pooja	10
41	Kiran	10
42	Rubi	10

POSTER AND SLOGAN COMPETITION**VILLAGE: BADRIPUR****PLACE: GOVT. MIDDLE SCHOOL****DATE: 12-9-2013**

S.NO	ADOLESCENT GIRL'S NAME	AGE
1	Jyoti	12
2	Sapna	15
3	Seeta	13
4	Sunita	15
5	Kajal	11
6	Asha	14
7	Deepa	13
8	Sahil	11
9	Priyanka	13
10	Shabra	13
11	Babita	14
12	Anjum	16
13	Aasma	13
14	Radha	14
15	Sonia	13
16	Ayisha	13
17	Najma	13
18	Sultana	13
19	Komal	14
20	Aasma	14
21	Rukmani	14
22	Munajara	15
23	Nirmala	14
24	Neha	13
25	Firdosh	13
26	Gulafsha	15
27	Seema	13
28	Husanjahan	13
29	Sultana	14
30	Mehjabi	14
31	Rubina	13
32	Sonia	14
33	Shakira	13
34	Shama	13
35	Sapna	13

HEALTH AND NUTRITION CAMP

Village:-Majri

Date:-10th Sept 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WEIGHT (kg)	LENGTH (foot)
1	Afsana	Gulsher	11	8.3	26	4.4
2	Tania	Surendra	12	9.6	34	4.2
3	Aarti	Sulekhchandra	12	8.9	25	4.3
4	Anjum	Gulsher	14	10.2	35	4.8
5	Najma	Noorhasan	12	9.4	31	4.3
6	Pakija	Sattar	13	9.6	35	4.3
7	Aasmeen	Abloo	17	9.5	50	5.0
8	Shabana	Noor Aalim	17	10.1	49	5.0
9	Afsana	Wazeer	10	9.7	37	5.0
10	Toyeeba	Noor Hasan	16	9.8	43	4.9
11	Gulnaaz	Noor Hasan	15	9.2	35	4.11
12	Israna	Karamat ali	17	10.4	35	4.8
13	Asama	Sher mohd.	18	8.4	44	5.0
14	Israt	Shamshad	17	9.7	35	4.5
15	Heena	Wazeer	14	8.9	21	4.0
16	Aasmeen	Yusuf	12	9.7	25	4.2
17	Dilruba	Aliyas	12	9.4	31	4.3
18	Shayista	Wazeer	17	10	44	5.0
19	Anita	Chaman singh	19	9.9	49	5.0
20	Rabia	Irshad	12	9.6	25	4.3
21	Aasha	Nemchand	12	10	30	4.7
22	Gulistan	Shahid	17	9.4	44	4.7
23	Soni	Wahid	18	9.4	52	5.0
24	Aasma	Naseem	13	10	35	4.11
25	Gulistan	Gulsher	15	9.7	47	5.2
26	Afsana	Moti ahmed	16	9.4	35	4.11
27	Sultana	Moti ahmed	15	9.2	39	4.11
28	Jumsheda	Aliyas	16	10.9	45	5.3
29	Wahida	Juhur	16	10.2	40	4.11
30	Shamida	Wahid	19	10	50	5.0
31	Shaheema	Shamshad	19	10.4	47	4.11
32	Shajida	Eltaaf	19	10	45	4.11

HEALTH AND NUTRITION CAMP

Village:-BADRIPUR

Date:-12th Sept 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WEIGHT (kg)	LENGTH (foot)
1	Nikita	Kushiram	13	10	58	4.9
2	Anjali	Rajpal	12	9.5	32	4.4
3	Shivani	Baburam	13	9.8	34	5.1
4	Prachi	Kapoor singh	14	8.4	35	4.4
5	Momina	Khurshid	14	9.7	43	4.9
6	Sapna	Hukumsingh	15	9.7	38	4.9
7	Razia	Khurshid	13	8.7	42	5.1
8	Asha	Hari singh	14	8.6	35	4.11
9	Rinki	Kaka ram	15	8.9	37	4.11
10	Savita	Ramesh	15	9.8	43	5.1
11	Prachi	Rajendra	12	10	38	5.1
12	Anita	Kali ram	14	8.8	31.5	4.10
13	Preeti	Naresh	13	8.9	36	4.11
14	Heena	Asgar	14	9.4	40	4.2
15	Sabda	Jahid	13	9.8	37	4.10
16	Priyanka	Chaman singh	13	9.7	43	5.3
17	Doli	Seba ram	14	8.9	42	5.2
18	Shaheen	Abdul rehman	14	8.9	33	4.10
19	Sonia	Ramesh chand	13	10.8	37	5.2
20	Radha	Sita ram	14	9.2	35	4.9
21	Ayisa	Masum	13	9.7	42	4.11
22	Komal	Bali	14	10.6	41	5.0
23	Najma	Mohd. Hasan	13	8.6	41	5.3
24	Babita	Raj kumar	14	8.5	34	4.11
25	Rukmani	Ashok	14	8.5	40	5.0
26	Sita	Sadhu ram	13	10.6	42	4.10
27	Deepa	Prakash chand	13	9.7	37	5.0
28	Aasma	Hasim ali	14	8.9	31	4.9
29	Sultana	Fatehuddin	13	8.4	36.5	4.10
30	Nirma	Kabul chand	14	8.7	45	4.11
31	Munazara	Manjoor	15	10.6	38	4.11
32	Neha bisht	Sultan singh	13	8.9	34	4.10
33	Firdosh	Salim	13	9.3	52.5	5.0
34	Gulufsa	Khalid	13	9.2	40	4.10
35	Husanjahan	Jaheer	13	9.4	37.5	5.1
36	Shama	Noor alim	13	8.7	39	4.10
37	Sapna	Jeet singh	13	8.4	40	5.2
38	Saakira	Chotu	13	8.9	32	4.11

HEALTH AND NUTRITION CAMP

Village:-MEDNIPUR

Date:-13th Sept 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WEIGHT (kg)	LENGTH (foot)
1	Laxmi	Ravindra singh	16	10.8	42	4.10
2	Priya	Surendra singh	15	9.2	42	5.0
3	Pooja	Jogendra singh	13	9.4	35	4.11
4	Kavita	Mahendra	16	9.3	40	5.1
5	Pooja	Chetram	12	10	22	4.6
6	Neha	Sultan singh	13	9.5	25	4.7
7	Diksha	Chetram	14	9.3	20	4.8
8	Rumla	Pratap singh	16	8.7	47	5.0
9	Lalita	Fateh singh	18	9.4	37	5.2
10	Poonam	Suresh	18	9.8	47	5.1
11	Rakhi	Bhagat ram	14	10.8	39	4.9
12	Kanchan	Pratap singh	18	10.6	45	4.8
13	Kalpna	Chaman singh	17	10.7	40	4.11
14	Neha	Ramesh joshi	16	9.4	44	4.8
15	Priyanka	Chaman singh	13	9.7	42	4.8
16	Kanchan	Ramesh	18	10.5	47	4.4
17	Payal	Pratap singh	14	8.9	40	4.9
18	Rubi	Munna ram	10	9.6	27	4.6
19	Shivani	Shiyam singh	19	10.6	45	5.1
20	Neelam	Fool chand	13	9.2	39	5.0
21	Sushila	Chunni lal	19	8.0	35	5.1
22	Ravina bisht	Ram singh	17	10.0	43	5.3
23	Shital	Surendra singh	13	10.2	32	4.9
24	Aarti	Rajesh	12	10	25	4.8
25	Geeta	Ravindra	12	9.8	29	4.6
26	Neha	Ramlal	18	9.2	50	4.11
27	Vinita	Juwar singh	19	9.7	43	5.0
28	Guddi	Prem singh	19	7.9	39	5.2
29	Kalpna	Bheem singh	19	9.2	46	5.1

HEALTH AND NUTRITION CAMP

Village:-SABHAWALA

Date:-17th Sept 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WEIGHT (kg)	LENGTH (foot)
1	Richa	Babu singh	19	10	53	5.2
2	Radha	Babu singh	15	9.8	44	4.8
3	Sita	Pal singh	17	10	43	4.9
4	Nikita	Shambhu lal	11	10.8	24	4.8
5	Renu	Rajendra singh	18	8.6	37	5.2
6	Amita	Somprakash	19	9.2	40	5.5
7	Shakuntala	Somprakash	19	9.7	49	4.10
8	Anno	Pal	10	10.8	28	4.6
9	Asha	Ashok	10	10	21	4.8
10	Kiran	Kedar singh	10	10.2	25	4.6
11	Naina	Jagat singh	10	9.2	20	4.5
12	Manshi	Bhagat singh	10	9.4	22	4.5
13	Sapna	Surendra kumar	14	9.2	47	4.6
14	Seema	Shamsher singh	16	9.5	49	5.0
15	Sunita	Thakur singh	16	9.0	39	5.1
16	Manisha	Balbeer singh	15	9.2	37	4.6
17	Sarita	Hariram	19	8.9	40	5.3
18	Pooja	Jagat singh	13	10.7	30	4.4
19	Neha	Gulab singh	13	10.3	33	4.6
20	Meera	Surendra	19	9.7	44	4.7
21	Lalita	Shyam singh	17	9.6	50	5.4
22	Sanjo	Pitambar	16	10.8	50	5.6
23	Anita	Pitambar	14	9.2	44	4.5
24	Babli	Rajpal	17	10.6	48.6	5.2
25	Meena	Shamsher	19	10	44	5.0
26	Radha	Ramchand	11	10.2	25	4.4

HEALTH AND NUTRITION CAMP

Village:-SHEKHOWALA

Date:-18th Sept 2013

S.NO.	ADOLESCENT GIRL NAME	FATHER NAME	AGE	HAEMOGLOBIN (mg)	WEIGHT (kg)	LENGTH (foot)
1	Kalawati	Swarup chand	12	9.8	46	5.1
2	Rajni	Rajendra	11	9.2	24	4.4
3	Sapna	Ghanshyam	11	9.5	27	4.5
4	Kajal	Rajendra	12	9.2	22	4.6
5	Meena	Subhash	15	9.4	37	4.10
6	Rabia	Hasandin	15	9.2	39	5.3
7	Shital	Balveer pal	14	9.6	29	4.8
8	Monika	Rajendra	13	8.9	30	5.0
9	Lilavati	Aadam singh	15	8.9	43	4.11
10	Aarti	Hari saran	14	8.6	37	5.3
11	Kavita	Gulab singh	15	9.4	43	4.11
12	Vishali	Iswar pal	13	9.2	28	4.7
13	Tanu	Rajesh	12	9.2	23	4.4
14	Mamta	Pratap	15	8.9	29	4.6
15	Pooja	Rajendra	13	9.2	32	5.1
16	Suman	Darshan singh	12	9.6	39	4.11
17	Anarkali	Mahindra singh	13	9.5	33	4.11
18	Usha	Hukum singh	18	10.7	45	4.5
19	Mantasha	Asfaq	12	9.6	34	5.2
20	Urmila	Kamal singh	13	9.8	37	4.7
21	Parvati	Hukum singh	13	9.0	37	4.11
22	Geeta	Rishi pal	12	8.9	26	4.5
23	Shital	Giriwar singh	15	9.5	34	4.9
24	Kammo devi	Jay singh	19	10	38	4.11
25	Shital	Balu	16	9.2	48	4.9
26	Radha	Fateh singh	17	8.9	37	4.11
27	Mamta	Veer singh	18	9.4	41	5.1
28	Rekha	Hari saran	14	9.2	35	5.2
29	Laxmi	Veer singh	16	9.6	45	5.3
30	Khusnaseeb	Estiyar	12	9.6	27	4.3
31	Gulistan	Riyasat	19	10.5	37	5.3